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Temperament Self-Inventory Score Card

CLEAVE: Temperament, Sex, Betrayal, and What Christ Asks of Us
— Appendix A, Figure A.1

September 21, 2026

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CLEAVE — Temperament Self-Inventory Score Card

This is the score card from Figure A.1 of CLEAVE, set for printing. Print one for each spouse. The thirty-two statements it scores are in Appendix A of the book, and at calianapress.com/books/cleave/inventory/.

Name or initials: ____ **Date:** ____

Your Four Totals

Each group is scored out of a possible 24. Do not add the groups up until you have answered every statement in Appendix A.

Group	Temperament	Your total (0–24)
Group One	Sanguine	
Group Two	Choleric	
Group Three	Melancholic	
Group Four	Phlegmatic	

Your Result

My dominant temperament (the group with your highest total): ____

My secondary temperament (the group with your next highest): ____

Most people are not one pure type but a blend of a dominant and a secondary, and the blend is usually more accurate than the dominant alone. If two groups are tied or nearly tied, read both profiles in Appendix A and let your spouse tell you which one they recognize, since the people who live with us often see our wiring more plainly than we see it ourselves.

The Pair

Fill this in together, once both of you have finished.

My dominant temperament is ____ , and my spouse's dominant temperament is ____ .

If the two of you have different dominant temperaments, you are one of the six classic pairings, and Chapter 6 walks through each of them: Sanguine with Choleric, Sanguine with Melancholic, Sanguine with Phlegmatic, Choleric with Melancholic, Choleric with Phlegmatic, and Melancholic with Phlegmatic. Return to that chapter and read the section on your pairing.

If the two of you share the same dominant temperament, Chapter 6's pairings do not name you directly, and Appendix A adds a few words on each of the four matched pairs.

The Four Questions

When you have read your pairing, talk these through together.

1. Where does the inventory match what each of you already knew, and where did a score surprise you or your spouse?

2. Which of your differences, named by the pairing, has produced the most friction in your marriage so far?

3. What does each of your temperaments give the marriage that the other could not supply alone?

4. Which one watch-point, from either profile, would your marriage most benefit from your guarding this season?

Your spouse is not broken, and their temperament is neither a problem to be solved nor an excuse to be hidden behind. It is part of how God made the person you promised to love. Use what you have learned here to read your spouse more charitably and to guard your own watch-points more honestly. Then set the labels down.

From CLEAVE: Temperament, Sex, Betrayal, and What Christ Asks of Us by Martin Balome. Caliana Press, 2026. ISBN 978-1-971311-05-0.